

Weekly Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Super Soup Served with freshly baked bread				
Chef's Dish of the Day	Butchers Sausage Halal Chicken Sausages	Texan BBQ Chicken Thighs	Beef or Lamb Bolognese	Chicken Biryani	Fajita Beef Wraps
Meat Free Dish of the Day	Veg/Vegan Sausage	BBQ Pulled Oomph	Vegetarian Bolognese	Chickpea Channa Dhal	Vegetarian/Vegan Wraps
Sides	Mash potatoes	Potato wedges	Spaghetti	Pilau Rice	Seasoned Curly Fries
	Glazed Carrots	Sweetcorn	Roast Broccoli	Green Beans	Corn on the Cob
	Gravy	Slaw	Garlic slice		Slaw
Jacket Potatoes	With Baked Beans & Cheese	With Coleslaw & Cheese	With Cheese or Tuna	With Spicy Beans or Cheese	With Boston Bean & Cheese
Dessert of the Day	Cumnor Cookies	Chocolate Brownie	Carrot Cake	Lemon Cheesecake	Fruity Flapjack
Available daily	Freshly prepared Salad Bar, Yogurts and Fruit Week commencing: 22/01				

For allergen information, please ask a member of the team

Courage. Compassion. Belief. Endeavour. Integrity

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Super Soup Served with freshly baked bread				
Chef's Dish of the Day	Pasta Carbonara	Jamaican Jerk Chicken	Shepherds or Cottage Pie	Chicken Korma	Build a Burger
Meat Free Dish of the Day	Cheese and Broccoli Tart	Jamaican Jerk Tofu	Lentil Cottage Pie	Vegetable Biryani	Golden Vegetable burger
Sides	Roast New Potatoes Sweetcorn	Rice 'n' Peas Green Beans Pineapple slaw	Broccoli Sweetcorn	Braised Rice Cumin Carrots Naan Bread	Seasoned Fries BBQ Beans Garden Peas
Jacket Potatoes	With Boston Beans & Cheese	With Cheese	With Cheese & Coleslaw	With Curried Mayo, Chicken or Cheese	With Boston Bean & Cheese
Dessert of the Day	Peach and Apricot Crumble with Custard	Lemon Drizzle	Banoffee Pots	Chocolate Cake	Ice Cream Pots
Available daily	Freshly prepared Salad Bar, Yoghurts and Fruits Week commencing: 29/01				

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the Day	Super Soup Served with freshly baked bread				
Chef's Dish of the Day	Lamb Or Beef Chilli con Carne Guacamole, sour cream and Salsa	Sweet and Sour Chicken	Beef Or Lamb Lasagne	Roast Chicken or Roasted Pork	Chicken Pizza or Pepperoni Pizza
Meat Free Dish of the Day	Mexican 5-bean chilli Guacamole, Sour Cream and Salsa	Sweet and Sour Quorn	Butternut Squash and Spinach Lasagne	Oomph and Roast Vegetable Pie	Vegetarian Pizza
Sides	Braised Rice Mini Corn on the cob Nachos	Egg Noodles Stir-Fried Vegetables	Roasted New Potatoes Broccoli	Roast Potatoes Seasonal Vegetable Gravy	Curly Fries Garden Peas Crisp salad
Jacket Potatoes	With Boston Beans & Cheese	With Baked Beans & Cheese	With Cheese & Coleslaw	With Curried Chicken or Beans	With Chicken & Sweetcorn Mayo
Dessert of the Day	Steamed Toffee Apple Cake	Seeded Oat Bar	Strawberry Mousse	Bread and Butter Pudding	Chocolate Krispie Slice
Available daily	Freshly prepared Salad Bar, Yoghurts and Fruits Week commencing: 05/02				

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Cumnor Nursery Tea Time Menu

Week 1 (commencing 22/01)	Snack Menu
Monday	Classic Hummus, baked flatbread fingers cucumber and carrot sticks
Tuesday	Chicken mayo sandwich fingers
Wednesday	Cheese & tomato puff pastry pinwheel
Thursday	Roasted pepper frittata
Friday	Wholemeal pitta pizza topped with mozzarella and oregano

Week 2 (commencing 29/01)	Snack Menu
Monday	Vintage cheddar and chive tart
Tuesday	Tuna & sweetcorn wrap
Wednesday	Hand held french bread pizza
Thursday	Cajun wedges with sour cream
Friday	Cheesy marmite straws

Week 3 (commencing 05/02)	Snack Menu
Monday	Pork/Vegan Sausage roll topped with nigella seeds
Tuesday	Cheesy topped crumpets
Wednesday	Mini pesto vegetable turnovers
Thursday	Chicken caesar wrap/ Crispy tofu wrap
Friday	Vegetable spring rolls with a sweet chilli jam