



Cumnor House
School for Girls

Girls' Newsletter - 12th January 2024

Upcoming Key Dates.....

January	Monday	15	Year 5 Prevent lessons	
	Tuesday	16		
	Wednesday	17		
	Thursday	18		
	Friday	19		
	Saturday	20	9am Year 3-6 Cross Country League @Woodcote High School (parents invited)	
	Sunday	21		
	Monday	22	Year 5 Prevent lessons	
	Tuesday	23		
	Wednesday	24	2pm Year 5&6 Hockey v Aberdour (a) (parents invited)	
	Thursday	25		
	Friday	26	Croydon Schools Swimming Gala U8 - U11 (parents invited)	
	Saturday	27		
	Sunday	28		
February	Monday	29	Year 5 Prevent lessons	
	Tuesday	30	2pm Year 3&4 Hockey v Aberdour (a) (parents invited)	
	Wednesday	31	2pm Year 5&6 Hockey v Ewell Castle (a) (parents invited)	
	Thursday	1	8am Look at Learning (parents invited)	2pm Year 3&4 Hockey v Ewell Castle (h) (parents invited)
	Friday	2	PTA Movie Night	
	Saturday	3	9.30am - 10.30am Reception transition event - Winter Ball	
	Sunday	4		
	Monday	5	U8 & U9 Gala (a) @Hazlewood (parents invited)	
	Tuesday	6		
	Wednesday	7	2pm Year 5 Hockey v Seaton House (h)	
	Thursday	8	PTA pancake races	
	Friday	9	House Cross Country 1.30pm (parents invited)	
	Saturday	10		
	Sunday	11		
Monday 12th - Friday 16th			Half-term	

A Message from Mrs McShane

Year 6-Serena

Dear Parents,

The girls are now well settled back into school routine and have been working hard. It has been rather chilly and I am pleased to see that the girls have been wrapped up warm in their Cumnor coats and scarves. Several of the girls have been sporting ear-muffs and whilst the weather is so cold this is allowed. However, please make sure that they are named as many of them are the same and we would not want girls to lose them.

This week's assembly focused on compassion and we considered what it would be like to "be in someone else's shoes" we practised the skill of empathy by thinking about some specific scenarios. Learning that compassion is about having genuine feelings for other people's struggles.

Year three had a trip to Pizza Express, where they learned about how pizza is made and learned about how the dough is stretched to form the perfect base and thought about the different toppings that would make a delicious pizza. This trip is always a big hit with the girls!

The new Form Captains , Anti-bullying Ambassadors and a new Year 4 PLT rep were per elected this week. Congratulations to the following girls, I know that you will be great role models.

Form captains:

Reception-Adeena and -Alysia

Year 1-Kawthar and -Ishani

Year 2-Leila

Year 3-Elaya

Year 4-Olivia and Kezia

Year 5-Daisy

Year 6 - Serena

ABAs

Year 1-Nyahrobi & Deborah

Year 2-Reeva S & Evie

Year 3-Aruna & Maya I

Year 4-Annika & Riya

Year 5-Hazelyn & Eunice

Year 6-Zahra & Sienna

Y4 have a new PLT now they are 2 classes and this is Zeynab

Please take a moment to look through the term dates and some of the exciting things that we have coming up this term.

We had great excitement at playtime today (Friday) as a helicopter was looking to land. We ushered the girls into the hall to safety so that the air ambulance could land. This was for an emergency outside of school . Upon landing, the paramedics hurried to get to their patient. We spoke to the girls about why an air ambulance would need to land on our playing field and also made sure that the pilot and co-pilot had warming cups of tea. We asked if it would be possible for the girls to come and see the helicopter, they were very keen that the girls did see. Teachers brought the girls down to come and have a look, staying at a safe distance. When it was time for the helicopter to leave, they flashed their lights at the girls and did a low circle before heading off. Whilst we fully appreciate that the reason for the air ambulance being there was that someone needed help quickly, it did present an opportunity for the girls to learn about the role of the air ambulance service. <https://www.bbc.co.uk/cbbc/watch/p01kykq2> The girls in Year 1 drew some fabulous pictures of the helicopter in their Golden Time.

“If you want others to be happy, show compassion. If you want to be happy, show compassion.” - DELAI LAMA







We had a great sporting term last term. Here is Mr O-B's summary of events

The Christmas Term at Cumnor House for Girls was a very successful one in terms of sport. In Cross Country Sienna (Year 6) won gold medals in both the prestigious Epsom College Tournament and the Croydon Schools Championships. Her efforts were rewarded by being selected to run for London South in the London Youth Games Cross Country Tournament which was sadly postponed due to flooding. Sienna also won the first leg of the South London Harriers Cross Country League as well. Lyla (Year 5) finished 19th in the Croydon Schools and 16th in the SLH league despite being a year young. Evie (Year 2) won a silver medal in the Croydon Schools and then 12th in the SLH league despite being 2 years young! Posy (Year 2 also) came 6th in the Croydon Schools and then 24th in the SLH while also being 2 years young. Marta (Year 1) won a silver medal in the Croydon Schools also, each of these races had well over 100 runners in them which highlights just how well our girls have done.

In Swimming we had 3 girls reach the ISA National Finals representing London South which were held at the Olympic Pool in Stratford. Sara (Year 4) finished 5th in the 50m Backstroke Final, Alyssa (Year 4) was also 5th as part of the 4x50m Freestyle Relay Team and Abigail (Year 5) won silver as part of the 4x50m Freestyle Relay Team. The girls also won their gala v Sutton High which included 4 of our Year 2 swimmers (Posy, Evie, Edie & Jena) who all swam in Year 3 races and did superbly well.

In Netball all the girls had the chance to represent the school in matches and everyone of them performed excellently with the overall results improving greatly on last year and we look forward to more of the same over the next 2 terms in Hockey, Cricket, Athletics, Cross Country and Swimming. We would just like to thank all the families of the girls for their amazing support and the girls themselves for their continued commitment to sport. - Mr OB

Next week the Year 5 girls will be having their Prevent Training, there is a swim gala with Cumnor Boys and on Saturday there will be the Years 3 – 6 Cross Country League.

Important Info/Reminders.....

Water Bottles

A reminder that all water bottles must be named clearly, please.

Absence Notifications

Please can we remind parents that if your daughter is going to be late/absent from school can you please call the school office on **020 8668 0050 option 2** and/or email her Form Tutor and admin.purley@cumnorhouse.com for **each day** of her absence.

Late/ill - please inform us **by 9am** each day

Appointments/other - please inform us at least **24 hours** in advance where possible

This week at the Girls' School.....

Reception

As we arrived at our FOX learning session at Farthing Downs on Wednesday we noticed the Rangers with the brown cows. The girls were excited to head over and find out what they were doing! The Rangers told us the cows were being moved to a different field as they had eaten all the grass! 4 cows were in a trailer ready, and we watched 3 more being loaded on. We worked out that there must be 7 cows altogether. Once the cows were safely loaded they began their journey across the valley by road. Reception safely crossed the road and followed the path down the hill. As we turned the corner we could hear the cows mooing loudly. Suddenly we spotted the trailers and we were able to watch as the cows entered their new home. We hope they enjoy their new field and we look forward to going to visit them again next week!



Year 3 - Pizza Express Trip

The Year 3 girls had a fabulous day creating their own individual pizzas at Pizza Express in Banstead. The girls applied their knowledge from their food tech lessons to create superb pizzas that were mouth-wateringly delicious. The girls had a fun-filled morning and their behaviour was impeccable. We definitely have some Michelin-star chefs in the making!















<https://sway.cloud.microsoft/qCWqkbb3GUaOWfq!#content=gcRMZBiHNDwfDk>

Year 4

As part of their learning on teeth, year 4 have started an experiment today investigating the effects of different drinks on 'teeth.' Using eggshells (very similar to enamel), they left boiled eggs in orange juice, coffee, coke, vinegar, and water. These will be left until the beginning of next week and then looked at to see which drink has had the worst effect and which hasn't damaged the 'teeth' at all. We'll tell everyone our observations next week.













Sports.....

Swimming

Congratulations to Posy in Year 2 for breaking the Cumnor House School for girls swimming records in Breaststroke and Freestyle over 17m. Sara Grant in Year 4 also broke the 2019 backstroke record, fabulous effort from both girls, well done!

Spotlight on Digital Safety.....



Useful information from the Police regarding phones and gadgets

With the return to school after the festive season it is a timely reminder that serial numbers (IMEI numbers in particular) of high-value items, such as mobile phones/tablets, etc can be registered on the following website

[The National Property Register, for Phones, Gadgets, Bicycles & More... \(immobilise.com\)](https://www.immobilise.com)

In the event that an item is stolen and subsequently recovered by the Police, it increases the chances of us identifying it as stolen in the first place and subsequently returning it to the owner.

Many thanks,

Richard

Richard Lovelock | Inspector | Croydon Schools South Area BCU | Metropolitan Police Service

Addington Police Station, Addington Village Road, Croydon, CR0 5AQ

Mobile 07771 074086 | Email Richard.C.Lovelock@met.police.uk

Other.....

Year 5 Prevent Lessons

As part of our safeguarding culture, we have a duty to prevent children from dangers linked to extremism and radicalisation. This is known as the Prevent strategy.

To support this, we invite the Prevent Education Officer, Cordelia Shaw, from Croydon Council to visit us each year and teach the girls, across 3 lessons, key skills which empower the girls against the risk of radicalisation but in an age-appropriate way.

These lessons focus on:

Lesson 1 - Community and what it means to belong

Lesson 2 - Intolerance and how to treat others with respect

Lesson 3 - Online resilience and fake news

We believe that these lessons are an excellent way of supporting our Cumnor Values of Compassion, Belief and Integrity in a fun and engaging way with a focus on safeguarding ourselves. Year 5 will be taking part in these lessons over the next 3 Mondays.



Seals Swim School

If you are looking for **swimming lesson for the new term**, Seals Swim School has places available for all levels from beginner to pre-competition. They are based at The Hayes School (Kenley) on a Tuesday and Thursday after school, they also have lessons on a Friday after school at Thomas More (Purley). To arrange a free taster class, please email sealswim1@gmail.com or visit www.sealsswim.co.uk to see more about them.



Children's Swimming Lessons Spring Term (Jan 2024)

Beginners, Improvers, Length swimmers,
Lifesaving skills, Competitive skills

Tuesday & Thursday - Hayes School, Kenley

Friday - Thomas More School, Purley

Please visit www.sealsswim.co.uk

077792 48483 /sealswim1@gmail.com

All teachers are Swim England Level 2 qualified

DBS checked, and fully insured



Old Whitgiftians Cricket Club Training for Girls



GIRLS CRICKET!

We're thrilled to announce the launch of our Girls Cricket Section at Old Whitgiftians CC for ages U10-U14!

Whether you're a budding cricketer or just looking to try something new, come and join us!

For only £12.50 a session!

-  Sunday 28th Jan - Sunday 14th Apr 2023
-  9.30am - 11:00am
-  Whitgift School (Sports Hall), Haling Park Rd, South Croydon, CR2 6YT
-  colts@owcricket.com
-  www.owcricket.com

