



Cumnor House  
School for Girls

# Girls' Newsletter - 13th October 2023

## Key Dates.....

All school dates for this term are available to view on the 'Calendar' section of your Cognita Connect app.

October	Monday	30	Term Starts	
	Tuesday	31		

November	Wednesday	1	Yr 6 Netball Tournament @ Seaton House	
	Thursday	2		
	Friday	3		
	Saturday	4		
	Sunday	5		
	Monday	6		
	Tuesday	7	Individual Photos in Winter Uniform Parents' Evening Rec – Yr 5 (Face to Face) 4.30pm – 7pm	4pm U8-U11 Swimming Gala @Old Palace
	Wednesday	8		
	Thursday	9	Year 5 Trip to Docklands Parents' Evening Year 1-5 (online) 4.30pm – 7pm	1.30pm Year 3 Netball Tournament @Aberdour
	Friday	10	Remembrance Assembly at Memorial	
	Saturday	11		
	Sunday	12		
	Monday	13	Anti-Bullying Week	
	Tuesday	14	2pm Year 3&4 Netball V Aberdour (A)	
	Wednesday	15	2pm Year 5&6 Netball V Aberdour (A) 1.30pm Year 4 Netball Tournament @Aberdour	
	Thursday	16		
	Friday	17		
	Saturday	18		
	Sunday	19		
	Monday	20	Year 4 Ancient Greek Day	
	Tuesday	21	2pm Year 3&4 Netball V Aberdour (A)	
	Wednesday	22	8.30am 15/6 Soloists Concert	2pm Year 5&6 Netball V Hawthorns (A)
	Thursday	23	3.30pm Whitgift Relay Gala U8-U11	
	Friday	24	Victorian Day – Year 5	
	Saturday	25		
	Sunday	26		
	Monday	27		
	Tuesday	28	1.30pm Year 3&4 Inter House Netball	
	Wednesday	29	1.30pm Year 5&6 Inter House Netball	
	Thursday	30	Look at Learning Bam – 8.30am	Swimming Gala @ Sutton High 3pm – 6pm

## A Message from Mrs McShane

Dear Parents/Carers,

Can you believe it is half term already! This first half of term has really flown by with meet the teacher evenings, Senior school chats and presentations, matches and other sports events, a Choral event, theme and charity days as well as outstanding teaching and learning that goes on every day. The girls have been amazing with their continued energy and joie de vivre, their motivation and determination to be the best that they can be. I think we are all in need of our half term break!

Thank you so much to everyone for bringing in your harvest gifts, we had a lovely assembly with Helen - one of the founding members of the Purley Food Hub - coming to talk to the girls about the vital work that they carry out. One of the things that she said that really hit home was the story of a mother being very excited to receive two sachets of hot chocolate as these would be a huge treat for her child. I think we all found that quite humbling.



The children arrived excitedly for our Black history Day celebration and I have seen some fabulous projects that the girls have done at home and watched the girls demonstrating their learning in the Calypso workshop. This is always such a joyous and fabulous day for our community and is a time for us to come together and hopefully learn lessons for the present and the future. See later in the newsletter for Mrs Syradd's account of the day and some photographs.

We have had a busy week of events with sports fixtures and a music festival at Woldingham - please see later in the newsletter for full accounts.

We are still finding quite a lot of uniform that is not named, and some that has been bought from the GAN that has the previous child's name still in it. If we find uniform that is named we always get it back to the owner, we cannot do this if things are not correctly named. Please take time over half term to clearly name your daughter's uniform – especially any new articles for winter that you may be purchasing.

Whilst on the subject of uniform, remember that we are in winter uniform after half term – the school pinafore for Reception Years 1 and 2 must be the one from Perrys. Girls in Years 3 -6 will be in their grey skirt – again from Perrys. All girls should be bringing their coat in after half term as it will be cold and usually wet – again we require girls to have the official school coat.

At this cooler time of year some of the girls do get chapped lips and bring in lip balm. This is allowed but please adhere to the following: They should not be coloured or shimmery, they need to be clearly named, pupils must not share and please check the ingredients to make sure that they do not contain any nut oils.

We have had a couple of unfortunate events in the car park this week and we will look to see how we can marshal traffic at busy times however we can only do so much. So we reiterate that parents, guardians, grandparents etc please take great care when driving in and out of the school driveway. I will restate that no one should be driving into the staff carpark until after 5.10 as turning and driving out of there is more hazardous due to the proximity of parked cars and the difficulty of seeing round the hedge at oncoming traffic. We want to keep this busy area as safe as possible for all members of our community.

I am delighted to announce that Dr Ray has so far raised over £3000 pounds through various means, for First Touch, St George's neonatal unit charity – it's not too late to donate if you wish. The link is here [https://www.justgiving.com/fundraising/robinray?utm\\_source=whatsapp&utm\\_medium=fundraising&utm\\_content=robinray&utm\\_campaign=fpf-whatsapp&utm\\_term=136f60cb688b43929a419eb2e75f16c6](https://www.justgiving.com/fundraising/robinray?utm_source=whatsapp&utm_medium=fundraising&utm_content=robinray&utm_campaign=fpf-whatsapp&utm_term=136f60cb688b43929a419eb2e75f16c6)

The PTA held their Annual General Meeting by Zoom this week and were able to celebrate all that they achieved last year and look forward to this coming year. The PTA is a fabulous group of parents who work hard collectively to do great things for our pupils. More support is always welcome, so if you would like to take a more active role in the PTA events please speak directly with Charlene. I would like to share my thanks to the PTA – of which you are all members -

*One of the aspects about Cumnor House School for Girls that I truly value is the nurturing family and community feel that we have. In the influx of tours that we have had by Old Palace parents and children, it is one of the things that they have all commented on as a real positive. The fact that it is so apparent to visitors shows that it is really part of the culture of our school, not just something that we say we do.*

*The PTA is a crucial part of our Cumnor Family and the contribution that you make to the school, parents and children is possibly more than you imagine. I would like to thank you for the support that you give to the school in welcoming new families, the organising and selling of the Good as new uniform, the ongoing fundraising, supporting at school events and being willing volunteers on school trips. The time that you give to us is immeasurable.*

*The girls really enjoy the activities and events that you put on and the funds that you raise which you use to enhance the girls' experience are much appreciated by staff and pupils.*

*Quite simply, you are amazing.*

*Thank you for the time, your energy and the love that you give to the school.*

Wishing you all a fabulous half term. Please make sure your daughters rest, play, have playdates and read. Go for walks and play conkers, catch falling leaves, splash in puddles or go on a mushroom hunt. Enjoy time as a family. I look forward to seeing you back on 30th October.

**"Even in dark times, we not only dream, we do. We not only see what has been, we see what can be. We shoot for the moon, and then we plant our flag on it. We are bold, fearless, and ambitious. We are undaunted in our belief that we shall overcome; that we will rise up." - Kamala Harris**

## **This week at the Girls' School.....**

### **Black History Day 2023**

We have enjoyed a fantastic BHD this year. The girls looked 'Carnival Colourful' as they arrived to school in their BH colours of red, green, yellow and black.

We decided this year to link the theme of 'Saluting our Sisters' to our Cumnor values.

We focused on:

Kamala Harris-Endeavour

Maya Angelou-Integrity

Ruby Bridges-Courage

Harriet Tubman-Compassion

Rosa Parks-Belief

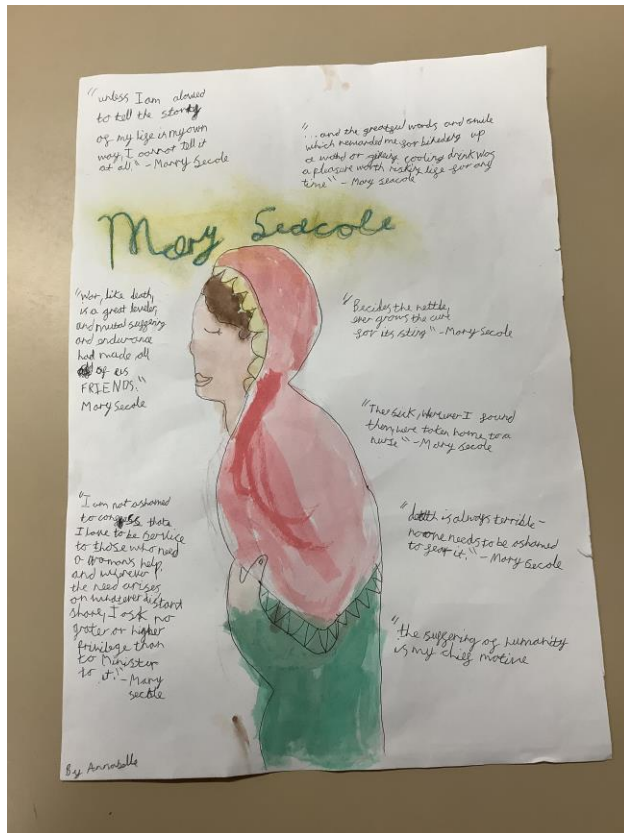
The girls watched videos, songs and listened to stories about these inspirational women before undertaking creative activities.

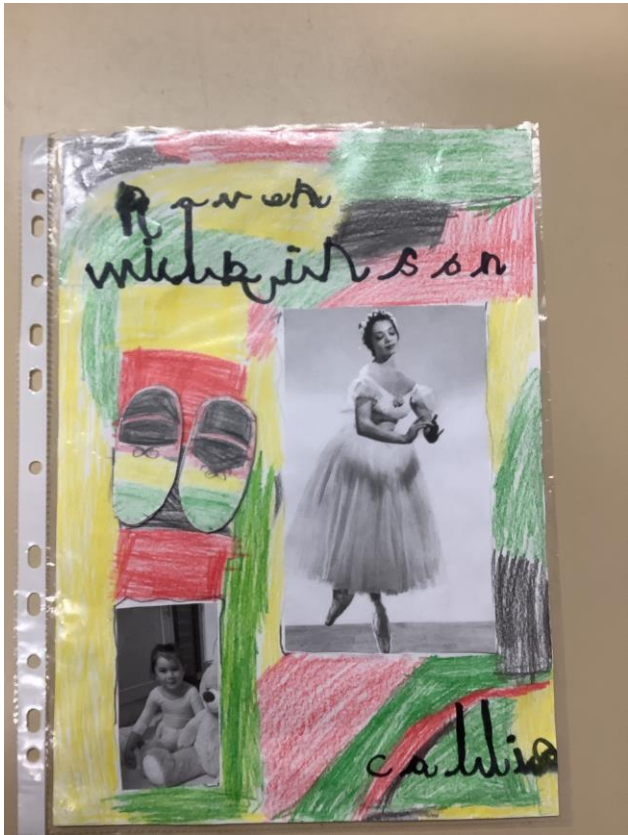
Y4,5 and 6 enjoyed a Calypso workshop with Ms Myall and Mrs Syradd and the girls shared their wonderful 'Saluting our Sisters' projects with one another.

We ate a delicious multicultural lunch prepared by Miss Julia and lastly every girl made a friendship bracelet to share with their Cumnor sister (buddy).

Thank you for supporting us to celebrate our rich and diverse school community and ensure that Black History now becomes embedded in our curriculum.

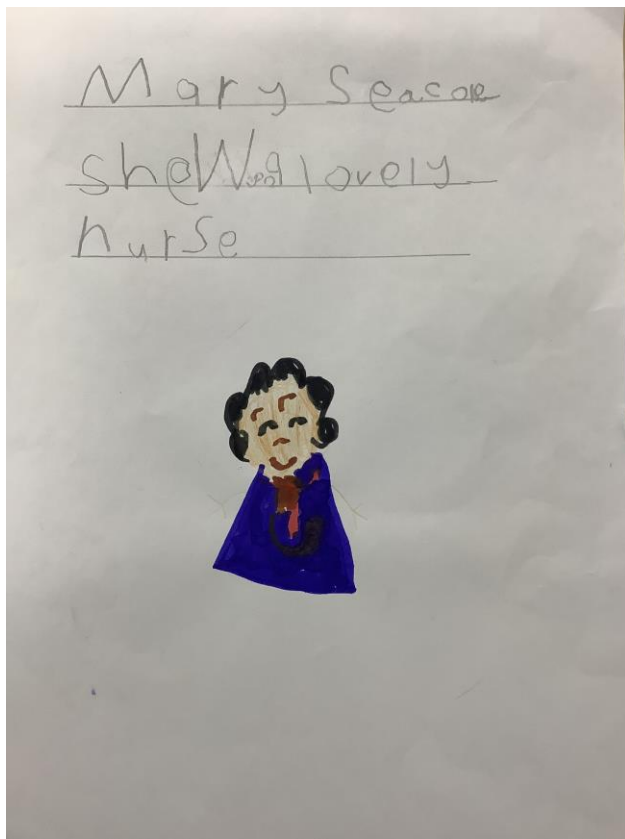
















## **Well Being**

The girl's wellbeing is of paramount concern at our school. We want all children to feel that their voices are heard and this is why every teacher is not just a teacher of an academic subject but they are also invested in their wellbeing. Every week during the girls PSHE lessons each teacher will focus on an age-related subject that is relevant to the children in their class, these can include looking at digital safety, solving friendships issues or focusing on strategies that support their worries or concerns. Your first point of call when concerned about your child's wellbeing should always be their form tutor.

Every child's voice in our school matters, we want all children to feel empowered by providing them with the tools they need to express themselves in everything they do.



## **Art**

The girls have been looking at different aspects of art inspired by Black History



*1 - Year 3 designed Kente Cloth patterns*



2 - Year 4 Looked at the work by the Afro American Artist Alma Thomas



*3 - Year 5 used Chalk Pastels to create portraits*

## **Sports News.....**

**Cross Country**



## CROSS COUNTRY

THIS WEEK, YEAR 5 & 6 CROSS COUNTRY TEAMS HAVE DONE 2 RUNS. ONE AT EPSOM COLLAGE, WHERE WE RAN 3K; AND ANOTHER RUN AT LLOYDS PARK, WHERE WE RAN 1 MILE.

ON FRIDAY 6<sup>TH</sup> OCTOBER, WE RAN AT EPSOM COLLAGE 3K; AND SIENNA (OUR SUPERSTAR RUNNER) CAME 1<sup>ST</sup> IN THE YEAR 6 GIRLS' RACE AND COMPLETED IT IN 11 MINUTES AND 42 SECONDS. ALSO, LYLA CAME 33<sup>RD</sup> IN THE YEAR 5 GIRLS' RACE.

AFTER, ON MONDAY 9<sup>TH</sup> OCTOBER WE RAN 1 MILE AT LLOYDS PARK WITH SIENNA WINNING GOLD AGAIN IN RECORD TIME OF 7 MINUTES. IN ADDITION, LYLA CAME 19<sup>TH</sup> IN THE YEAR 5 RACE. IN ALL THE RACES THERE WERE AVERAGELY 200 PEOPLE AND BOTH TIMES CUMNOR YEAR 6 TEAM ALL CAME IN THE TOP 100.



CUMNOR PERFORMED EXCELLENTLY IN BOTH RUNS AND WE HOPE TO DO IT AGAIN.





## Children's Newsletter

Here is the link for the latest newsletter written by Journalism Club. Happy Reading!

<https://sway.office.com/1KHVHVHCedTIEH6?ref=Link>

## Spotlight on Digital Safety.....



As our children's use of technology increases so does our worry about what they are experiencing online and, in particular, the risk of cyberbullying. As an anti-bullying school we teach our children how to keep themselves safe from cyberbullying when online.

Here is a useful document to support parents who are worried about cyberbullying to know what they can do to help prevent it and deal with it if it should happen: [cyber bullying](#)



## October Half-Term Holiday Camps.....

**HB Sports October Half-Term Football Coaching Camp**



### October Half-Term Football Coaching Camp

October 2023

Dear Parents,

HB SPORTS will be running a fun and engaging football coaching camp during the October half-term holiday for boys and girls aged 3+ Nursery – Reception (**Half-Day**) and for years 1 – 8 (**Full-Day**). This will be held at the Cumnor House School Sports ground (Boys). The camp will be run by Cumnor House Sports Staff. The aim of the course is to develop the boy's skill level/understanding of football. For all boys wanting to improve their football skills, the camp should be very useful.

WEEK 1: MONDAY 16<sup>th</sup> – FRIDAY 20<sup>th</sup> OCTOBER 2023 (5 DAYS)  
WEEK 2: TUESDAY 24<sup>th</sup> - THURSDAY 26<sup>th</sup> OCTOBER 2023 (3 days)

Please see pricing below:

PRICES AND TIMINGS	Monday 16 <sup>th</sup> October	Tuesday 17 <sup>th</sup> October	Wednesday 18 <sup>th</sup> October	Thursday 19 <sup>th</sup> October	Friday 20 <sup>th</sup> October
9am – 3pm £30 (Year 1-8)					
9am – 12pm £20 (Nursery 3+ & Reception)					

PRICES AND TIMINGS	Tuesday 24 <sup>th</sup> October	Wednesday 25 <sup>th</sup> October	Thursday 26 <sup>th</sup> October
9am – 3pm £30 (Year 1-8)			
9am – 12pm £20 (Nursery 3+ & Reception)			

**Staff Members:**

			
<b>Mr R Brotherton</b> Director of Sport Head of Cricket U7A, U8A, U9C, U10A, U11A Coach & U13C	<b>Mr H Blain</b> Sports Coach Head of EYFS Sport Ex CHS Pupil (U12-13) U7C & U9B Coach	<b>Mr C Jones</b> Ex-Director of Sport U10A Coach	<b>Mr S Bennett</b> Sports Coach Ex CHS Pupil (U8-13) U8D, U9E, U10D & U13A Coach

**Each Child Needs to Bring:**

- Packed lunch (**no nuts**), plenty of fluids, and relevant medical equipment.
- Boots/Trainers, shin pads & a water bottle.
- Suitable sports clothing (ie; shorts t-shirt, tracksuit, long sports socks etc)

**Drop off and pick up:**

Please note that drop off and pick up will be via the gate on Edgehill Road (behind the pavilion)

We are limited in places and so will be running a strictly first come first served system.  
Please book via our website to secure your child's place. <https://www.hbsports.co.uk/>

Many thanks,

Harry Blain  
Head Coach  
07943 311 480

[harry@hbsports.co.uk](mailto:harry@hbsports.co.uk)

## Future Gymnastics October Halloween Camp

**Future Gymnastics**  
 HAPPY HALLOWEEN CAMP

@future.gymnastics  
 @Future Gym Surrey

JOIN US FOR A WEEK OF TRICK OR TREATS!  
 GYMNASTICS EVERY DAY!  
 THEMED DAYS! DON'T MISS DRESS UP!

**Stay SPOOKY!**  
 TUCK SHOP AT LUNCH  
 CLINIC SESSIONS FOR SKILL SPECIFIC  
 NINJA DAY IS BACK!

This is the time!  
 Please check  
 the website for  
 all bookings and  
 camp address.

Gymnastics  
 every DAY!  
 Lots of activities!  
 Tuck shop at  
 lunch!

sibling10 - 10% off  
 earlybird10 - 10% off  
 early bird offer  
 expires 30/9

[camps@futuregymnastics.co.uk](mailto:camps@futuregymnastics.co.uk)  
**ALL BOOKINGS TO BE MADE ON  
 THE WEBSITE!**  
[www.futuregymnastics.co.uk](http://www.futuregymnastics.co.uk)

## GENERAL CAMP

5+ All abilities welcome!

Woodfield Wallington  
Monday - Friday 8.30am-4.30pm

Coombe Wood South Croydon  
Monday - Friday 8.30am-4.30pm



## MINI CAMP

3-5 years old

Woodfield Wallington ONLY  
Monday - Friday 9.00am - 11.30am



## PRO CAMP

6+ Pro and Development  
Gymnasts will be assessed on the  
morning to ensure they can  
complete the skillset required.

Coombe Wood ONLY  
Monday to Friday 8.30am-4.30pm



Join us this half term at one of the  
leading holiday camp providers in  
the area!

You do not need to be a member to  
join!  
Spaces are limited so book now to  
avoid disappointment.

