

## **WEEK ONE**

# THIS WEEK'S MENU

## CUMNOR HOUSE SCHOOL NURSERY MENU

MONDAY TUESDAY

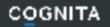
WEDNESDAY

#### THURSDAY

FRIDAY

Main	Main	Main	Main	Main
BBQ Chicken	Lamb Shepard`s Pie	Pasta with a choice of	Honey Roast Gammon	Beef Burgers
Or	Or	sauces, Garlic Bread	Or	Or
BBQ Halal Chicken	Halal Shepard`s Pie	Leek & Cheese, Tomato & Basil	Halal Roast Chicken	Halal Turkey Burger
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Quorn & Bean Casserole	Vegetable & Potato Bake	Pasta with a choice of Sauce	Filo Pastry Slice	Veggie Bean Burger
Sides	Sides	Sides	Sides	Sides
Vegetable Rice	Garden Peas	Carrots	Roast Potatoes	Oven Chips
Sweetcorn	Cauliflower	Broccoli	Sauté Cabbage	Garden Peas Baked Beans
Dessert	Dessert	Dessert	Dessert	Dessert
Yoghurt Selection	Fruity Flapjacks	Chocolate Sponge with Chocolate Custard	Berry Jelly	Chocolate Krispie Cake

Week commencing: 02/11/20 - 23/11/20



Cumnor House is part of the Cognita Schools Group



## CUMNOR HOUSE SCHOOL NURSERY MENU

# THIS WEEK'S MENU

#### MONDAY

#### TUESDAY

#### **WEDNESDAY**

### THURSDAY

**Main** Beef Chilli Con Carne <sup>Or</sup> Halal Turkey Chilli Carne

> **Vegetarian** Chilli Beans and Vegetables

**Sides** Vegetable Rice Broccoli

**Dessert** Fruit Yoghurt Selection Main Butchers Pork Sausages with Onion Gravy Or Halal Chicken Sausages Vegetarian Vegetarian Sausage

> *Sides* Parsley Potatoes Cabbage & Kale

**Dessert** Fruit Crumble & Custard Stra

**Main** Teriyaki Chicken <sup>Or</sup> Halal Teriyaki Chicken

Vegetarian Cheese & Basil Gnocchi

Sides Egg Noodles Stir-Fried Vegetables with Pak Choi Dessert Strawberry Cheesecake **Main** Beef Bolognaise <sub>Or</sub> Halal Lamb Bolognaise

**Vegetarian** Quorn & Vegetable Bolognaise

> **Sides** Spaghetti Sweetcorn

**Dessert** Poached Pear with a Chocolate Custard

#### FRIDAY

*Main* Cod Fillet Fish Finger

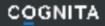
Vegetarian Leek & Potato Bake

Sides Wedge Potatoes Baked Beans Peas Dessert Iced Sponge

### Jacket potatoes with fillings & salad available everyday

Please discuss any allergies or intolerances with a member of our team

Week commencing: 09/11/20 - 30/11/20





### WEEK THREE

# THIS WEEK'S MENU

## CUMNOR HOUSE SCHOOL FOR GIRLS MENU

#### MONDAY

TUESDAY

WEDNESDAY

Main

Macaroni Cheese with

**Bacon Bits** 

THURSDAY

**Main** Chicken Hot Dogs

**FRIDAY** 

Main Keema Lamb <sup>Or</sup> Halal Keema Lamb served with Naan Bread

Vegetarian Chickpea, Spinach & Pepper Curry

> *Sides* Pilau Rice Green Beans

**Dessert** Chocolate Mousse Halal Chicken Tagine

Main

Moroccan Chicken Tagine

Or

Sides

Cous Cous

Broccoli

Dessert

Homemade Cookies

Vegetarian Stuffed Courgettes **Vegetarian** Macaroni Cheese

Sides

Carrots

Peas

Cumnor Salad

Dessert

Lemon Drizzle

ese Mushroom Risotto

**Sides** Roast Potatoes Cauliflower

Main

Roast Chicken with

Yorkshire Pudding

Vegetarian

**Dessert** Creamy Rice Pudding

Roasted Vegetables

**Vegetarian** Vegetarian Hot Dogs

> **Sides** Potato Wedges Baked Beans Garden Peas

> **Dessert** Ice Cream Tubs

Baked jacket potatoes with fillings and mix salad available everyday

Week commencing: 16/11/20 - 07/12/20

COGNITA

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