

## Sports at Cumnor House

### Goals

1. Introduction to competitive fixtures
2. Encourage an active and healthy lifestyle through high levels of enjoyable participation
3. Development of new skills and techniques to be applied into a game setting.

### Sports kit

#### **Swimming**

-CHS red swimming bag  
-CHS swimming jammers, towel, CHS swimming cap, & goggles

#### **Games**

-CHS Games Bag

#### Rugby-

Gum shield, CHS playing shirt (red and black), black shorts, CHS striped socks, boots (safety studs)

#### Football-

As above (excluding gum shield and safety studs), shin pads

#### Cricket-

White shorts, white CHS T-shirt, white socks, bat, box

### Locker System

Every boy in the Prep School will be issued with their own locker. The locker will be used for swimming and games bags. If there is another boy's bag in your son's locker, please hand in to PE office.

### Participation

If your son cannot participate in a lesson, he must present a note to his coach with a valid reason as to why he will not take part. There must be extreme circumstances for your son to be excused from playing in Cumnor House fixtures. School policy states that participating in sporting fixtures for Cumnor House must take precedence over outside sporting arrangements. There may be a case in exceptional circumstances where leave may be granted. It is important to look ahead at the schedule to give sufficient notice to the member of staff.

### Behaviour

Rudeness, anti-social behaviour, poor manners, unruliness, bullying and racism are forms of poor conduct and will be dealt with swiftly and sternly. Continual displays of antisocial behaviour could result in exclusion from fixtures. It is important that Cumnor pupils always uphold the aim and values of the school demonstrating sportsmanlike behaviour.

## Performance and progress

At this stage of development, the greatest improvements are witnessed throughout the year. If your son does not initially make the A or B team at games or swimming squad, it does not mean he will not be reconsidered. Teams are selected on a weekly basis and are constantly monitored throughout the season. Games staff try to maintain consistent squads throughout the season, but due to the progressive nature in performance by year 3 boys, players may be promoted at any stage.

## Lost Property

It is our goal to reduce the amount of lost property from swimming and games lessons and therefore it is vital that all articles of sports clothing are named. If your son does lose an article of clothing or a piece of sporting equipment the first port of call is the location where you son lost the article (swimming pool, changing room, games field). If it is indeed named, it should be returned to his desk. It would be excellent if your son could practice the following prior to school commencing in September:

- Tie
- Boot Laces
- Packing their own bag.

## Support and assistance

There are several major events and sporting fixtures throughout the year. Your support is welcomed.

## [WWW.CUMNORHOUSESPORT.COM](http://WWW.CUMNORHOUSESPORT.COM)

Our very own dedicated school sports website provides a focal point for your sports helping to keep players and parents up-to-date with what's on, where and when. Staff login to their FixturesPRO control panel and can easily plan their sports fixtures and competitions. Keeping the sports website up-to-date is easy and happens automatically. So please log onto the website to access fixtures, team sheets, match reports and live information...



Playing summaries and other statistics are generated automatically and players, parents and supporters are kept up-to-date through the school's dedicated sports website and interactive sports calendar.

Staff, parents, players and supporters can also link their personal calendars on their PCs or mobile devices, such as iPhone or iPad, directly to any fixture list. All changes are then automatically synchronised and updated when next connected to the Internet.

Thank you for your support,

Mr R Brotherton  
Director of Sport